





The weekly bulletin of the ROTARY CLUB OF MANGALORE

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www.rotarymangalore.com

President **Rtn. PHF Archibald Menezes** +91 97411 62025 <u>archiemenez@hotmail.com</u>

Secretary **Rtn. PHF U. Vishal Mallya** +91 99723 37877 mallya_uv@hotmail.com

Editor **Rtn. PHF Ashwin Pai Maroor** +91 98455 48737 ashwinpaimaroor@gmail.com **Program Today**

30.07.2020

Virtual Reality - How to speak before a camera By Reena D'Souza Star Sports TV presenter and trainer (Anns Invited)





A Tribute to CA S.S Kamath

-By Rtn. PDG U. Vishwanath Mallya



(4th July 1939 – 28th July 2020)

Late CA S. S. Kamath, being a well-known and established person in his profession, was a member of our Rotary Club for more than five decades. Due to his ill health he had resigned from his membership very recently.

When I joined our Rotary Club I was particularly fascinated by his knowledge of Rotary's working, Constitution & Byelaws. If I wanted any information on Rotary I used to talk to him and he was always obliging in informing me whatever I wanted to know. By sheer coincidence I got a chance to be the Secretary of our Club when he was the President. As a member of the Board of Directors of the Club I learnt a lot from him about how a Rotary Club should function. As President of our Club he saw to it that all Byelaws of R.I. were followed in the Club and dues were collected in time from members. It was also a year when we had to face a major issue of our weekly



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meeting venue not being available due to the closure of Hotel Moti Mahal. With his guidance we overcame this handicap and it was a very successful year for our Club during his leadership. Even though he had the capacity to attain higher offices at the Rotary District level, he refrained from going for them.

When I was the District Governor and had to host the Conference in Mangalore, he was the choice for the Conference Secretary, a job that carried a lot of responsibility to ensure success of the event. In spite of his busy schedules at office, he took time for planning of all the important events of the Conference. The Conference was a huge success and due to his handling of Income & expenditure there was no deficit financing. I can never forget all the help extended by him to me whenever I needed it.

In his passing away our Club has lost a stalwart of Rotary and I have lost a good friend & mentor.

May his Soul Rest in Peace.

Why The Four-Way Test is my ethical guide – *By S.R. Yogananda, past district governor, past regional Rotary Foundation coordinator, and a member of the Rotary Bangalore East, Bengaluru, India*



The year was 1987. I had come back from the Sultanate of Oman and was running consumer products distribution company in Bangalore, India, when a business executive came to my office one evening. He said, "I have been watching the way you do business. You are not taking short cuts, you have asked your





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staff and accountants to follow all the government regulations. I would like to invite you to join my Rotary club." Rotary, he said "amongst other things, stands for integrity"

After attending a few meetings, I was inducted into the Rotary Club of Bangalore East during a colorful event in a lovely atmosphere. I attended all club and district events and began to gain a deeper understanding of this wonderful organization. I was delighted to learn that Rotary does not endorse any particular religion and is beyond boundary restrictions. Integrity is a pillar on which Rotary stands.

The story of Herbert Taylor, the past RI president who created The Four-Way Test, fascinated me, so much so that when I became president of my club I put up a large sign of the test along a busy road in Bangalore. I got it printed on a silver plate and gave it as a memento to every speaker at our meetings. I also gave it to our members on their birthdays and wedding anniversaries.

I served as the national coordinator and awards administrator for a national essay competition on The Four-Way Test held all over India, administered through Rotary clubs. This project, held for five years, was sponsored by District 6400 and the Rotary Club of Windsor, Canada.

Many times in my business, I made decisions that to an outsider might have looked unwise. There was an occasion when we could have bought a product without the taxes and sold it to make a handsome profit. When this proposal was brought to my attention, I put my foot down and said no. It failed The Four-Way Test. It was not fair to the tax authorities and to other dealers who did not have this advantage.

Another incident etched in my memory, even before joining Rotary, I was heading the special equipment division of a leading company in the Middle East. I was handling global tenders and multimillion-dollar deals. I was sitting with a top ranked bureaucrat from an important ministry who was



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a major customer, and he asked about the delivery of a piece of equipment that had been delayed due to a problem at the loading port. I was tempted to lie to avoid embarrassment, but working up my resolve, decided to tell him the true reason for the delay. Surprisingly, in my future dealings with him, he seemed to treat me with increased respect. Now I see this as validation of the principles behind The Four-Way Test.

The Four-Way Test is one of our great benefits as members of Rotary. It is a trustworthy ethical guide. And we have an opportunity to share it with eager young minds to the benefit of all.

Contributed By Rtn. PP. PHF Dr. K Narendra Kamath

Club Diaries 16.07.2020 "Enchanting Ladakh" by Dr. Anupam Sharma

Members have gradually grown accustomed to our online meetings as they have started to login at 7 PM for fellowship. Chairman of Rotary foundation Committee Rtn. Dr. R.L Kamath joined in with some exciting news. He announced that our President Rtn. Archibald Menezes has become a Major Donor by contributing to The Rotary Foundation. He also said that Rtn. Archibald Menezes will be the first sitting President in the history of our club to become a Major Donor inside the Presidency. He congratulated and thanked him for his generosity.

Meeting was called to order at 7:20 PM with an invocation by Rtn. Ashwin Pai Maroor. President Rtn. Archibald Menezes welcomed the gathering and gave a brief introduction of the Chief Guest Dr. Anupam Sharma. He then wished members celebrating their birthdays and anniversaries during the week. He recognized and thanked Rtn. Dr. Narendra Kamath, Chairman of District Health Curative Committee, which is one of the eight verticals of Rotary India, for his efforts to encourage all the clubs of our district to implement various projects related to health Curative. Members were again reminded to install aerators and implement rainwater harvesting in a bid to conserve water. Our



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District Administration is going to deploy 3000 volunteers to visit each house in Dakshina Kannada district to check for COVID-19 symptoms. For this purpose they would be requiring plenty of hand gloves and face shields. Rtn. Yathish Baikampady suggested our District Administration that Rotary Clubs in the District will join hands by donating the required number of hand gloves and face shields through our District Governor. Within a short period of time it was all arranged. President Rtn. Archibald Menezes lauded the efforts put in by Rtn. Yathish for this noble cause. Our Club has donated a sum of Rs.35,000/- towards this cause. Members were informed that this amount was donated Rtn. Dr. Syed Nizamuddin & Rtn. Ummer Farook. President Rtn. Archibald Menezes thanked them for their generosity.

Dr. Anupam Shrama was the chief guest for the evening. The topic was "Enchanting Ladakh". Dr. Anupam Sharma M.D. Medicine is an Associate professor of Medicine at Rajshree Medical College, Bareilly and Director Dharam Dutt city hospital, Bareilly. He has about 60 acceptances in various IIPC recognized photography salons. He is a Life member of India International Photography Council, New Delhi. He is also a Life member of Association of Physicians India, Cardiological society of India and Indian Rheumatology society. He did a longest driving expedition from Bareilly to Ladakh and back by self-driven car in August 2019 totaling to 3500 km over 14 days. He was formally introduced by Rtn. Dr. Narendra Kamath. Dr. Anupam started by giving a brief history of Ladakh and how it became a part of India. He illustrated their entire journey on a map. He then took us on a virtual tour through the mystic mountains and pristine lakes of Ladakh. He described in detail the photographs and video that he shared via Power Point as they navigated through the rugged terrains of the Himalayas on their SUV's. The culture of the people living there is similar to that of Tibet and most of them practice Buddhism. He showed us the photographs of Silk Route market, which is 500 years old, a photo of highest motor able road situated at a height of 18,000 ft., Nubra Valley which is called the cold desert and double hump camels which are found only in that region. Many members were inspired to go on this journey after looking at the breathtaking photos. Rtn. Dr. Vasanth Pai delivered vote of thanks and the meeting was adjourned for National Anthem.







CLUB ACTIVITIES

With the COVID Pandemic taking an ugly shape and vaccination a distant dream, we need to protect ourselves with the face masks and social distancing. This is for sure the 'New Normal' in the coming days. But we see a lot of people not following these requirements and even if followed, are not fully protecting themselves. Hence there is a need to bring the awareness among the general public about the correct use of face masks, proper social distancing and a few do's and don'ts.

Therefore, we at Rotary Club of Mangalore have joined hands with KCCI-Mangalore and The Indian Red Cross Society to come out with informative billboards all across Mangalore.

You can see the following billboards all across Mangalore.



- Reported by Rtn. PHF Raghavendra K Bhat, Community Service Director

MEMBER MOMENTS

Rtn. Dr. Narendra Kamath was the speaker at Continuing Medical Education, Virtual CME on 22nd July 2020. He spoke on Advanced Skin Protection - the Need of the Hour.

Rtn. Dr. Jeedhu Radhakrishnan was the speaker at St. Joseph Engineering College, Vamanjoor, Mangalore on 27th July 2020. He spoke on First Aid & Pre-Hospital Care.

Rtn. Dr. Arjun Nayak will be speaking at 8th International Annual Congress on Dental Medicine and Orthodontics on 10th August 2020.





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Know Rotary

Paul Harris Fellow (PHF)

The Paul Harris Fellow recognition acknowledges individuals who contribute, or who have contributions made in their name, of \$1,000 to The Rotary Foundation. Rotary established the recognition in 1957 to encourage and show appreciation for substantial contributions to what was then the Foundation's only program, Rotary Foundation Fellowships for Advanced Study, the precursor to Ambassadorial Scholarships.



Rtn. PHF Satish N. Kamath 29th July

Club Pulse 23.07.2020		Weekly Meeting Thursday	Program Next Week 06.08.2020
Present	50		
Absent	49		
Percentage	51%		By Mr. Kenneth Serrao, BTech
% After Make-up			NITK-Surathkal,
6.07.2020	58%		MBA IIM- Ahmedabad
09.07.2020	59%		Anns Invited

